



AQUATICS FITNESS SCHEDULE

MONDAY'S

11:00am-12:00pm SPLISH SPLASH

TUESDAY

9:00AM-10:00AM ZUMBA

1:15PM-3:00PM ACTIVE OLDER ADULTS



WEDNESDAY

9:00am-9:45am WATER WORKOUT WITH PATTY

11:00am-12:00pm SPLISH SPLASH

THURSDAY

9:00AM-10:00AM ZUMBA

11:00am-12:00pm SPLISH SPLASH

1:15PM-3:00PM ACTIVE OLDER ADULTS



FRIDAY

11:00am-12:00pm SPLISH SPLASH

