


May 2023-Silver Sneakers

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10 – 10:45 Classic Deb	2 10 – 10:45 Circuit Maria	3 10 – 10:45 Classic Jodee	4 10 – 10:45 Yoga Brian	5 10 – 10:45 Circuit Jodee	6
7	8 10 – 10:45 Classic Deb	9 10 – 10:45 Yoga Maria	10 10 – 10:45 Classic Jodee	11 10 – 10:45 Circuit Jodee	12 10 – 10:45 Yoga Brian	13
14	15 10 – 10:45 Classic Deb	16 10 – 10:45 Circuit Maria	17 10 – 10:45 Classic Jodee	18 10 – 10:45 Yoga Brian	19 10 – 10:45 Circuit Jodee	20
21	22 10 – 10:45 Classic Jodee	23 10 – 10:45 Yoga Maria	24 10 – 10:45 Classic Jodee	25 10 – 10:45 Circuit Jodee	26 10 – 10:45 Yoga Brian	27
28	29  THANK YOU !	30 10 – 10:45 Circuit Maria	31 10 – 10:45 Classic Deb			