

REGISTRATION FORM

Name: _____ AGE _____

Address: _____

Phone: _____

Email: _____

* Affiliation/Team: _____

Emergency Contact Person/#: _____

Shirt Size: AS AM AL AXL AXXL

Register by mail or in person at the Juniata Valley YMCA by Thursday, January 6, 2022 to guarantee shirt and size. Shirts are first come first serve on plunge day. & are NOT guaranteed plunge day.

Plunge day entries accepted beginning at 1:00p.m. at Greenwood.

- **Team Challenge**—Create a team of people and challenge other businesses and groups to see who can raise the most money to take THE PLUNGE!
- **Corporate Challenge**—Find some crazy coworkers and create a team. Challenge the other businesses our community.

PRIZE!!!! Prize to the most successful team!

- **Prize for best costume! * Prize for most money raised by an individual!***
Random door prizes!

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***** Those wishing to race AND plunge must register for both events.**

Registration for the trail race is available at ultrasignup.com



YMCA POLAR PLUNGE & Greenwood Furnace Winter Festival

Saturday, January 15, 2022

Winter Fest begins @ 11a.m.

5 Mile Trail Race 1:00pm. ***

Plunge at 2:30p.m.

Location : Greenwood Furnace State Park

Directions to Greenwood Furnace State Park

Take RT 655 to 305. Parking available to the right in large parking lot in front of the ranger center. Overflow parking on the left.

Plunge

Saturday, January 15 2022

1:30-2:10p.m. Registration & Check in

2:25p.m. Opening Remarks

2:30p.m. **PLUNGE & Little Dippers**

Awards Ceremony & Door Prize Drawings

Event Rules- PLUNGE

All plungers must be at least 13 years of age.

A minimum of \$50 in donations is

requested and must be submitted with the com-

pleted registration form for

plungers.

All plungers must wear shoes.

LITTLE DIPPERS Division:

Ages 8-12

A minimum of \$25 in donations is requested and must be submitted with the completed

registration form.

**A SPECIAL
"THANK YOU"**



pennsylvania

DEPARTMENT OF CONSERVATION
AND NATURAL RESOURCES

www.dcnr.state.pa.us

Corporate Competition!!! Companies can challenge each other- find a plunger from within your company and support them. Companies square off to see who can raise the most funds for kids!

Who will win this year's challenge???

Get involved.

Support Kids.

* Large towel or blanket must be shown at check-in. Changing area available after the plunge. Please bring a change of clothes.

All proceeds go to the Juniata Valley

YMCA Youth Programs & Activities!

WAIVER & RELEASE

Participants under age 18 must have a parent or guardian's signature. In consideration of participating in the Juniata Valley YMCA Penguin Plunge I represent that I understand the nature of the event and that I and/or my minor child are in qualified good health, and proper physical condition to participate in this event. I acknowledge that if I and or/my minor child believe that the event conditions to be unsafe, I will immediately discontinue participation in the event. I fully understand that the event involves risks of serious bodily injury, including permanent disabilities, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the condition in which the event takes place, or the negligence of the "releasers" names below, and that there may be other risks either not known to me or not readily foreseeable at this time; I fully accept and assume all such risks and responsibility for losses, costs and damages I incur of my participation in this event. I hereby release, discharge, and covenant not to sue the Juniata Valley YMCA, their respective administrators, directors, agencies, volunteers, and employees, Commonwealth of PA, other participants, any sponsors, advertisers, and applicable owner and leaser's of premises on which the activity takes place (each considered one of the "releasers" herein) from all liability, claims, demands, losses or damage on my account and/or of my minor child caused or alleged to be caused in whole or in part by the negligence of the "releasers" or otherwise, including negligent rescue operations, and I further agree that if, despite this release, waiver of liability, and assumption of risk, I or any new on my and/or my minor child's behalf, makes claim against any of the Releases, I will indemnify, save, and hold harmless each of the release from any loss, damage or cost which may incur as a result of such claim.

Signature

Date

**For your safety, SHOES
REQUIRED!!!**