

January 2022-Silver Sneakers

	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 10 – 10:45 Classic Jodee	4 10 – 10:45 Circuit Jodee	5 10 – 10:45 Classic Deb	6 10 – 10:45 Circuit Maria	7 10 – 10:45 Yoga Deb	8
9	10 10 – 10:45 Classic Jodee	11 10 – 10:45 Circuit Nan	12 10 – 10:45 Classic Jodee	13 10 – 10:45 Circuit Deb	14 10 – 10:45 Yoga Nan	15
16	17 10 – 10:45 Classic Jodee	18 10 – 10:45 Circuit Jodee	19 10 – 10:45 Classic Deb	20 10 – 10:45 Circuit Maria	21 10 – 10:45 Yoga Deb	22
23	24 10 – 10:45 Classic Jodee	25 10 – 10:45 Circuit Nan	26 10 – 10:45 Classic Jodee	27 10 – 10:45 Circuit Deb	28 10 – 10:45 Yoga Nan	29
30	31 10 – 10:45 Classic Jodee					