



# AQUATICS FITNESS SCHEDULE

## MONDAY'S

8:15am-9:15am JACKIE'S CLASS

11:00am-12:00pm SPLISH SPLASH

## TUESDAY

9:00AM-10:00AM ZUMBA

1:15PM-3:00PM ACTIVE OLDER ADULTS

## WEDNESDAY

8:15am-9:15am JACKIE'S CLASS

11:00am-12:00pm SPLISH SPLASH

## THURSDAY

9:00AM-10:00AM ZUMBA

1:15PM-3:00PM ACTIVE OLDER ADULTS

## FRIDAY

8:15am-9:15am JACKIE'S CLASS

11:00am-12:00pm SPLISH SPLASH

